



**LICENSE**

**QUESTIONS**

ENDURANCE

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# QUESTIONS for license

## General questions

1. Who is responsible for the horse?

- the groom and the trainer
- the veterinarian
- the athlete
- the Chef d'équipe

2. What kind of bedding is suitable for a stable?

- shavings
- straw
- rubber matting
- all of the above

3. How often should a horse eat?

- once a day
- 3 times or more a day
- only in the morning
- 6 times a day

4. What is the staple food of a horse?

- carrots
- hay
- apples
- straw

5. The quantity of food offered to a horse depends on:

- its size
- the work it has done
- both of the above
- its breed

## QUESTIONS for license

6. How do we groom a horse on a daily basis?

- with water
- with a cloth
- with a curry comb, dandy brush and a hoof pick
- with a broom

7. What do we call the tool for cleaning a horse's hoofs?

- a handkerchief
- a towel
- a hook
- a hoof pick

8. Why is oil or grease applied to the horse's hoofs?

- for aesthetic
- reasons to be shiny
- to protect and moisten
- to make them all look the same

9. What is the main reason for clipping a horse?

- to enable cooling down
- for aesthetic reasons
- to encourage hair growth
- to lighten the horse's weight

10. What is the name of the long rope used to exercise a horse?

- martingale
- strap
- lunge rein
- rein

11. How often should a horse be shod?

- every 50 days approximately
- every 20 days approximately
- every 80 days approximately
- every 15 days approximately

## QUESTIONS for license

12. What is the name of the material we put under the saddle?

- blanket
- saddle blanket
- saddle cloth
- dressing

13. What is the name of the strap that secures the saddle onto the horse?

- nose band
- stirrup leather
- breast plate
- girth

14. What do we call the part of a saddle where the rider sits on?

- seat
- cantle
- pommel
- skirt

15. What is the common name for the strap from which the stirrup hangs?

- girth
- stirrup leather
- breast plate
- martingale

16. What do we call the part of the bridle that the rider holds?

- girth
- reins
- cheek piece
- brow band

17. What do we call the part of the bridle that is attached to the bit?

- cheek straps
- noseband
- headpiece
- headband

## QUESTIONS for license

18. What is the name of the part of the bridle which passes behind the ears of a horse at the highest point of the horse's head?

- throat lash
- head band
- head piece
- nose band

19. From which side should a horse be led?

- the left
- the right
- the front
- the back

20. What should a horse wear when travelling in the lorry or trailer?

- tendon boots and a head collar
- only a head collar
- travel boots or bandages and a head collar
- a saddle

21. In order to take part in official HEF's competitions, a horse must:

- wear the Horse Identification Number
- have a National or International passport, be registered in HEF, have a microchip number and the annual fee must be paid
- not have been vaccinated within the 7 days prior to a competition
- all the above

22. To take part in National Competitions of HEF, the horse must be vaccinated against equine flue :

- every 12 months
- every 6 months
- every 3months
- every 1 month

## QUESTIONS for license

23. The HEF may carry out anti-doping testing for forbidden substances:

- whenever it is considered necessary
- only during Championship competitions
- on the first 5 in each class
- on the first 3 in each class

24. Who represents the athlete in communications with the Ground Jury?

- the trainer
- the Chef d'Equipe of the club
- the groom
- the President of the club

25. In the schooling areas which rider has got priority?

- the one on the left
- the one on the right
- the one on the diagonal
- the one changing rein

26. Is it compulsory for an athlete to attend the prize giving ceremony with his horse?

- he needs not to attend at all and the prize will be sent to his house the rider
- can attend alone
- it is obligatory
- the trainer can

# QUESTIONS for license

## Veterinary questions

1. Where are a horse's withers?  
 on the front legs  
 on the back legs  
 under the front part of the saddle  
 near the tail
  
2. The crown of the hoof is found:  
 on the underneath surface  
 on the top edge of the hoof, where the hoof meets the skin  
 on part of the frog  
 on the part to which the shoe is affixed
  
3. The frog is found:  
 on the rear one third of the underside of the hoof  
 on the front one third of the underside of the hoof  
 on the crown of the hoof  
 on the place where the farrier's nails are inserted
  
4. The bedding must be changed:  
 twice a day  
 once a day  
 once every two days  
 once every three days
  
5. In the case of a horse needing extra energy for a competition, we slightly increase the feed with:  
 cereals (oats, barley, corn)  
 potatoes  
 hay  
 straw

## QUESTIONS for license

6. In the case that a horse has to stay in its stable without working for a considerable time, we should reduce the feed in:
  - cereals (oats, barley, corn)
  - potatoes
  - hay
  - straw
7. A horse with colic presents:
  - lameness
  - blindness
  - cough
  - anorexia
8. If a horse has suspected colic it should:
  - be walked quietly
  - be ridden quietly
  - be ridden vigorously
  - eat nothing until we call the vet
9. In the case of hemorrhaging from a limb:
  - we leave the wound open to the air
  - we wash the wound with a mild antiseptic and bandage it
  - we just spray the wound without washing it
  - we bandage the wound without washing it
10. In the case of nasal secretions and a cough, we should:
  - wash the horse
  - continue training but call the vet
  - not continue training and call the vet
  - wait for a week

## QUESTIONS for license

11. When it is obvious that a horse is lame:

- it must be withdrawn from training
- it must continue training since the lameness often disappears
- it must continue training but after administration of a painkiller
- it must be withdrawn from training and a vet be called

12. The care of the hoofs includes:

- the application of disinfectants (formalin, vitriol) to the sole
- daily washing with plenty of water for a long period of time
- daily trimming of the hoofs (hoof pick)
- the application of hoof oil to the sole

# QUESTIONS for license

## Endurance questions

1. Endurance riding is a Competition to test:
  - the Athlete's ability to safely manage the stamina and fitness of the Horse over an endurance course in a Competition against the track, the distance, the climate, the terrain and the clock
  - the Athlete's ability to manage the stamina of the Horse over an endurance course against the clock
  - the Athlete's ability to manage the speed of the Horse over an endurance course against the distance
2. In an Endurance Competition can compete:
  - only Horses
  - horses and mules
  - any member of the Genus Equus
3. An Endurance Competition consists of a number of phases of which:
  - no phase may exceed 20 km
  - no phase may exceed 40 km
  - no phase may exceed 60 km
4. Horses competing in category CEN 1\* (100-119 km) must be:
  - at least 4 years old
  - at least 5 years old
  - at least 6 years old
  - at least 7 years old
5. Four (4) years old Horses may compete:
  - in all National Competitions of controlled speed
  - in low categories of International Competitions
  - only in categories (40-59km) and (20-39km) of National Competitions
  - only in category (20-39km) of National Competitions

## QUESTIONS for license

6. An Endurance rider, is entitled to participate in A CEN1\* (100-119 km) if he/she has reached his/her:
  - 12th birthday
  - 14th birthday
  - 16th birthday
  - 18th birthday
7. The field of play is defined as:
  - the defined course, the Vet Gate and the crew points
  - the defined course and the Vet Gate
  - the defined course and the crew points
8. At National Endurance Competitions, the Athletes with common stirrups, may put on:
  - any closed-toe shoes
  - trainers
  - riding footwear with heels of 12 mm or more
9. At National Endurance Competitions, the Athletes with caged/boxed stirrups, may put on:
  - only trainers
  - any closed-toed shoes
  - any shoes
10. At National Endurance Competitions, the Athletes must put on a:
  - protective headgear
  - 3-point helmet
  - cap
11. At Endurance Competitions:
  - horses must be correctly shod
  - horses may be ridden without shoes, but if shod they must be correctly shod
  - concerning shoeing applies whatever the Ground Jury decides, considering the type of terrain

## QUESTIONS for license

12. At Endurance Competitions an athlete must be mounted, under penalty of disqualification, to pass through the start of any day and the finish line of the day's final phase, may:

- lead their Horse on course
- follow their Horse on course
- lead or follow their Horse on course

13. If a combination (rider-horse) makes a start which is in any way false:

- it results in the issuing of a Yellow Warning Card to the rider and a time penalty of 15 minutes
- the combination must return and re-cross the start line
- the combination is penalised by disqualification

14. After competing in an Endurance Competition of 60 km, a Horse must be given a mandatory rest period of:

- 12 days
- 19 days
- 26 days

15. In the Horse Inspection, horses must be presented with a heart rate no more than:

- 64 beats per min (bpm) within 15 min of crossing the end line of each loop except the final loop which is in 20 min of crossing the finish line
- 68 beats per min (bpm) within 15 min of crossing the end line of each loop except the final loop which is in 20 min of crossing the finish line
- 64 beats per min (bpm) within 20 min of crossing the end line of each loop except the final loop which is in 30 min of crossing the finish line

16. At the Veterinary inspection the Horse's fitness to continue the ride is assessed upon the:

- heart rate recovery
- metabolic stability
- regular gait
- metabolic stability and regular gait
- heart rate recovery, metabolic stability and regular gait

# QUESTIONS for license

17. At National Endurance Competitions, the qualification procedure of a combination(rider-horse) means:

- that they have successfully completed category (20-39km) and are eligible for category (40-59km) or they have successfully completed category (40-59km) and are eligible for category (60-79km) or they have successfully completed category (60-79km) and are eligible for category (80-99km) or they have successfully completed category (80-99km) and are eligible for category CEN1\*(100-1190km)
- that they have successfully completed category (20-39 km) at least once
- there is no qualification procedure for participation in higher categories of National Competitions

18. At the finish line of the intermediate phases in an Endurance Competition, the Rider:

- must be mounted
- must lead or follow the Horse
- may be mounted or lead or follow the Horse

19. At the Veterinary Gates must be presented in a bridle:

- the bad-tempered stallions
- the bad-tempered horses
- the stallions
- the mares in oestrus

20. The treatment or supportive therapy, during an Endurance Competition, are permitted only :

- if they do not affect the classification of a Horse
- if approved by a veterinarian
- with the written approval of the Veterinary Commission

21. The maximum number of grooms per Horse, within the Vet Gates in National Competitions, is:

- 2 persons
- 3 persons
- 5 persons

## QUESTIONS for license

# ANSWERS for license

## Answers - General

1. The athlete
2. All the above
3. 3 or more
4. Hay
5. Both the above
6. Curry comb, dandy brush and hoof pick
7. Hoof pick
8. To protect and moisten
9. To enable cooling down
10. Lunge rein
11. Every 50 days approximately
12. Saddle cloth
13. Girth
14. Seat
15. Stirrup leather
16. Reins
17. Cheek straps
18. Headpiece
19. The left
20. Travel boots or bandages and head collar
21. All the above
22. Every 12 months
23. Whenever it is considered necessary
24. The Chef d' Equipe of the club
25. the one on the left
26. It is obligatory

# ANSWERS for license

## Answers - Veterinary

1. Under the front part of the saddle
2. on the top edge of the hoof, where the hoof meets the skin
3. on the rear one third of the underside of the hoof
4. twice a day
5. cereals (oats, barley, corn)
6. cereals (oats, barley, corn)
7. anorexia
8. eat nothing until we call the vet
9. we wash the wound with a mild antiseptic and bandage it
10. not continue training and call the vet
11. it must be withdrawn from training and a vet be called
12. daily trimming of the hoofs (hoof pick)

# ANSWERS for license

## Answers - Endurance

- 1.** the Athlete's ability to safely manage the stamina and fitness of the Horse over an endurance course in a Competition against the track, the distance, the climate, the terrain and the clock
- 2.** any member of the Genus Equus
- 3.** no phase may exceed 40 km
- 4.** at least 6 years old
- 5.** only in categories (40-59km) and (20-39km) of National Competitions
- 6.** 14th birthday
- 7.** the defined course, the Vet Gate and the crew points
- 8.** riding footwear with heels of 12 mm or more
- 9.** any closed-toed shoes
- 10.** 3-point helmet
- 11.** Horses may be ridden without shoes, but if shod they must be correctly shod
- 12.** lead or follow their Horse on course
- 13.** the combination must return and re-cross the start line
- 14.** 12 days
- 15.** 64 beats per min (bpm) within 15 min of crossing the end line of each loop except the final loop which is in 20 min of crossing the finish line
- 16.** heart rate recovery, metabolic stability and regular gait
- 17.** that they have successfully completed category (20-39km) and are eligible for category (40-59km) or they have successfully completed category (40-59km) and are eligible for category (60-79km) or they have successfully completed category (60-79km) and are eligible for category (80-99km) or they have successfully completed category (80-99km) and are eligible for category CEN1\*(100-1190km)
- 18.** may be mounted or lead or follow the Horse
- 19.** the stallions
- 20.** with the written approval of the Veterinary Commission
- 21.** 2 persons