



## **Rules for organization and holding of sports events in Bulgaria in conditions of Covid-19, emergency epidemic situation and the specifics of the respective disciplines in equestrian sports**

The Bulgarian Equestrian Federation approves the following rules for organizing and conducting the individual events in Bulgaria according to the specifics of the respective discipline.

### **1. Admission to the competition area**

Only competitors and persons from their entourage are allowed to compete:

- which are asymptomatic (no runny nose, fever and / or other cold symptoms)
- who had no signs of illness during the week preceding the race and the days before it. In case they have symptoms, they are obliged to declare this fact.
- who did not have an elevated (over 37 degrees) temperature during the 72 hours preceding the competition
- Coronavirus survivors had two negative PCR tests and were quarantined for 30 days thereafter.

### **2. Measures during the competition**

The organizer of the event develops for each individual competition a regulation and a plan including the planned measures for the organization of the respective event in accordance with the restrictive measures adopted by the government:

- The organizer-host of the competition to appoint a Person Responsible or Control (LOC) for compliance with the adopted measures.
- Creating conditions for maintaining distance between individuals in all places on the site such as a grandstand, main square, heating plot, dining areas, grandstands, toilets, etc.
- Construction of places and provision of disinfection: to the heating field, to the stands, to the feeding places, at the entrances of each stable (tent)
- Room for isolation in case of illness at the race until the arrival of a medical team
- Defining rules for mandatory use of masks and gloves in certain places and facilities.
- Organization of on-site parking for vehicles and cars



- Systems for communication of the participants with the office of the competition, the secretariat, the judge's tower and the separate sports facilities
- Organization for control and restriction of access for entry and work in the stables
- Submission of applications for participation of competitors and horses
- Hotel accommodation rules
- Rules and organization of meals
- Rules for movement within the site
- Rules for the organization of veterinary inspection
- Rules for using the heating pad
- Rules for construction of parkours and routes
- Rules for viewing parkours and routes

### **3. Obligations of the Person Responsible for Control (LOC) for compliance with the adopted measures**

#### **3.1. Vehicles**

LOC organizes the reception and organizes parking of trucks and vehicles for horses. Parking should be in accordance with the distance of at least 3 m between vehicles.

#### **3.2. Stables**

- Accommodation of the horses in the stables according to a pre-prepared plan according to the requests.
- The establishment of a control organization for access to the stables against pre-arranged passes for no more than two passes per horse.
- Entering the stables is mandatory with the use of protective masks, and the responsible person is necessary to organize and control compliance with this requirement.
- Responsible for the disinfection organization before and after the competition for each stable. Providing hand sanitizer at the entrances to the stables from the moment the stables are opened until all the horses have left.
- Responsible for organizing the conditions for the availability of water for watering and washing horses, creating an organization for compliance with the required distance of 4 m between



horses and 1.5-2 m between people. Distance of 4 m is necessary for saddle riding and unsaddling outside the stables in order to avoid accidents. If the horse is saddled and cleaned in the stable, this can only be done in the stable and not in the stable corridor.

### **3.3. Insulation room**

- LOC is responsible for determining the isolation room in case of symptoms of illness during the competition until the arrival of a specialized medical team.

### **3.4. Seating and dining areas**

- LOC is responsible for marking the seats for observation of the competition by athletes, coaches and other persons, observing a physical distance of at least 1.5 m between the persons

Organizes the nutrition of people, creating an organization to comply with the required physical distance between individual customers, as well as compliance with legal requirements for this type of activity. We recommend organizing outdoors and in disposable utensils.

### **3.5. Hygiene**

- LOK provides the opportunity for disinfection with hand detergent and water and soap for washing.

- Determines the toilets for use by observing the measures for individual use, cleaning and regular disinfection. Mandatory cleaning and disinfection should be performed every hour.

Blow drying is not allowed. Wherever it is necessary to use disposable paper towels and napkins. Dispose of all paper waste in bins with lids.

- Organizes the purchase of protective masks and gloves

### **3.6. Purchase of fodder**

- LOC is responsible for the organization of the purchase and receipt of feed or other necessary. We recommend that this be done individually on an hourly schedule with mandatory use of protective masks.

## **4. Office and secretariat**

- Applications for participation are submitted electronically. On- site requests are not accepted

- The competition office organizes its activities according to its capabilities. We recommend minimizing direct contacts. Entry one by one, obligatory after disinfection and with a protective mask. Equipping the office with protective masks, gloves and disinfectants, and disinfection is performed after each client.



- Communication with the secretary of the competition to be carried out via the Internet or telephone: requests, change start, re- registration, etc.

- In case of urgent need, direct contact should be made from a distance of at least 1.5 meters. Mandatory with a protective mask and hand disinfection.

### **5. Judges 'leadership and organization of the judges' tower**

- The Judges' Tower should be situated with opportunities for jobs for 4 people, spaced at least 1.5 meters apart.

- When working, the judges and all technicians in the tower (including the dressage discipline) must use protective masks. Each time they enter the judge's tower, the judges disinfect their hands. Each judge uses a personal stopwatch and pen. It is preferable to use gloves.

- The judge of the bell and the timing system works with them after preliminary disinfection of their tools and hands. Minimize the use of sheets and supplies that have been in contact with other members of the judging panel.

- The radio for communication with the stewards is disinfected before use and is used only by one person in the judge's tower.

- The Secretary, who is also a spokesperson, is obliged to comply with all requirements for judges. Works with a pre-disinfected microphone that is not used by another person.

- Dressage judges and their secretaries should wear protective masks.

- The persons who collect the evaluation sheets by dressage should be wearing gloves.

### **6. Veterinary examination**

- The place for veterinary examination must be able to accommodate three people at a distance of 1.5 m.

- Trail allowing a horse and rider to be at a distance of at least 2 m from the commission.

- The examining veterinarian and the person receiving the passports must wear protective masks and gloves.

- A place should be designated for the verification of passports and their completion by the veterinarian, if possible separated from other persons.

- We recommend that the veterinarian use a personal pen and gloves.

- There must be a separate place when entering the gate to record the pulse.



## **7. Heating area**

- No more than 5 to 6 horses should be allowed in the warm-up area, depending on its size.
- There should be no close contact between the warm-up riders and horses.
- No more than 4 people, including the steward, should be allowed in the square at any time.
- Horsemen and stewards must wear protective masks and gloves.
- The steward's radio is personal and pre-disinfected.
- There should be a place for hand disinfection at the entrance of the square.

## **8. Construction of the course**

- Workers and the Course designer are advised to wear protective masks and gloves.
- Disinfect hands or gloves each time you enter the area.
- To keep a distance of 1.5 between people at all times.

## **9. Examination of the course**

- The course is considered with the recommended use of masks.
- To observe a distance of at least 1.5-2 m between the participants from the different teams. An exception to this condition is a coach and rider (s) from the same team.
- No persons other than athletes and coaches and judges are allowed.
- The panel of judges may decide to examine the parkour in groups in order to maintain the required distance.

## **10. Rewarding**

- There is no official award ceremony.
- Rosettes, cash prizes and others are received upon receipt of passports.
- Passports are received from the office of the competition in compliance with the measures specified in the office section.

## **11. Endurance**



- In the endurance discipline, all persons from the teams in the recovery and rest areas should be wearing masks.

## **12. Dressage and all-round riding**

- In dressage tests, judges and their secretaries should be at a distance of 1.5 - 2 m.
- Observe the above rules for heating areas
- When inspecting the cross route, follow the rules for examining parkours

## **13. Other provisions**

- Based on the general rules of FEI, the judging panel for medical reasons has the right to remove from the competition each participant.

- The Jury has the right not to allow or suspend a competitor if he or a person from his entourage does not comply with these or other provisions related to the anti-epidemic situation.

- The Organizing Committee should print and paste these rules next to the stables, the heating pad and the usual place to place the starting sheets.

**BULGARIAN EQUESTRIAN FEDERATION**